



Adaption, fidelity and tailoring

A practical approach and interactive tool

AFT Workgroup

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**Implementation
science**



**Implementation
practice**



WHO WE ARE

Dr. Julia E. Moore

Executive Director

Dr. Moore has a PhD from Penn State in Human Development, where she was trained as an implementation scientist, researching the best ways to implement evidence-based programs. She has worked on over 100 implementation projects and is known internationally for her ability to communicate complex concepts in clear and practical ways.



 @julia_e_moore

 /julia-e-moore

What do we know about adaptations?





Fidelity and adaptations

Is the innovation delivered as intended?

The degree to which interventions are implemented as intended by design (Carroll et al, 2007).

→ **Fidelity**

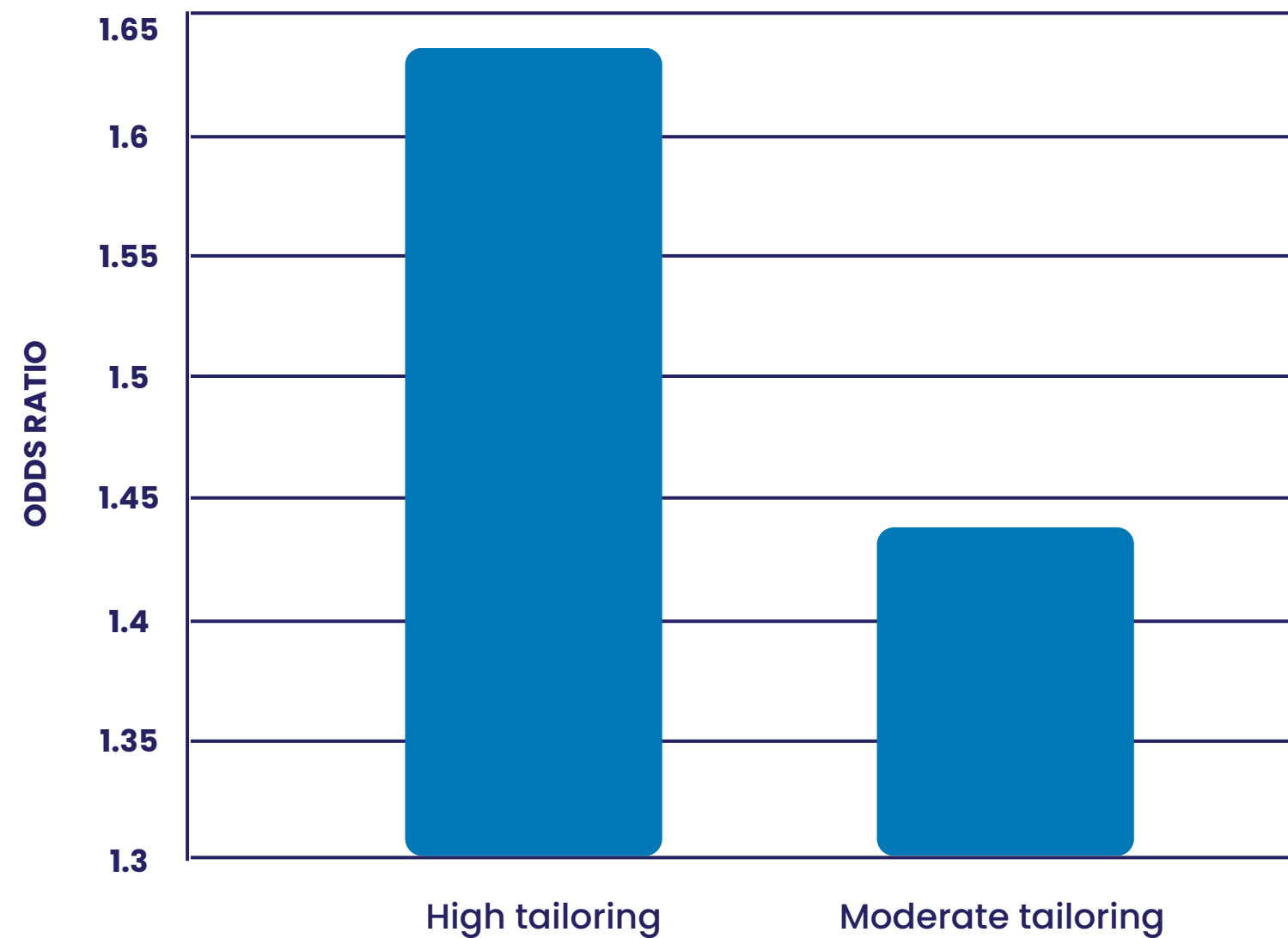
What changes are made to the implementation of the innovation?

Change(s) made to tailor the content of deliver of an intervention to the needs of a give context (Kirk, 2020)

→ **Adaptations**



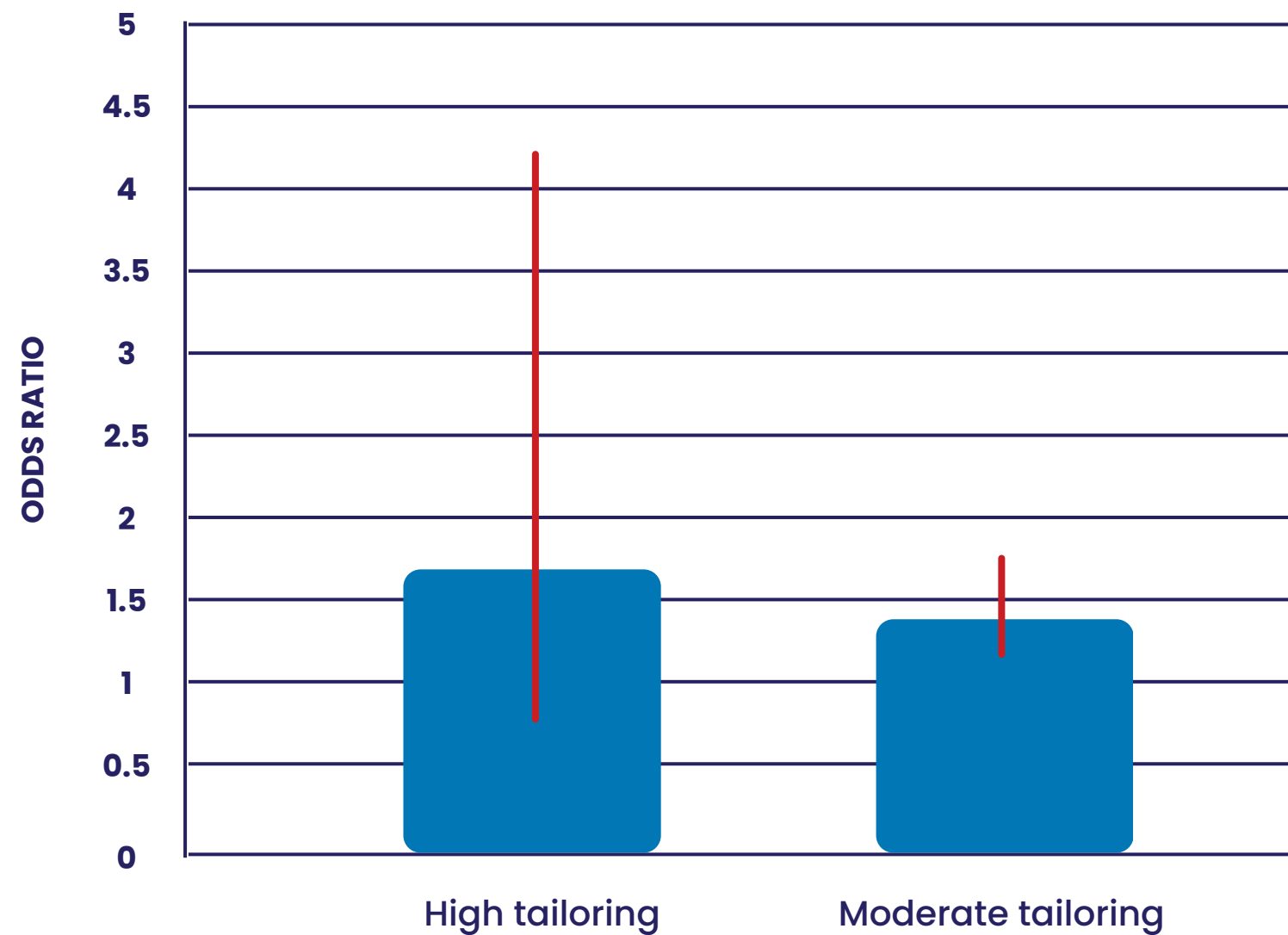
More adaptations = better outcomes



Baker et al., 2010. Tailored interventions to overcome identified barriers to change: effects on professional practice and health care outcomes. Cochrane



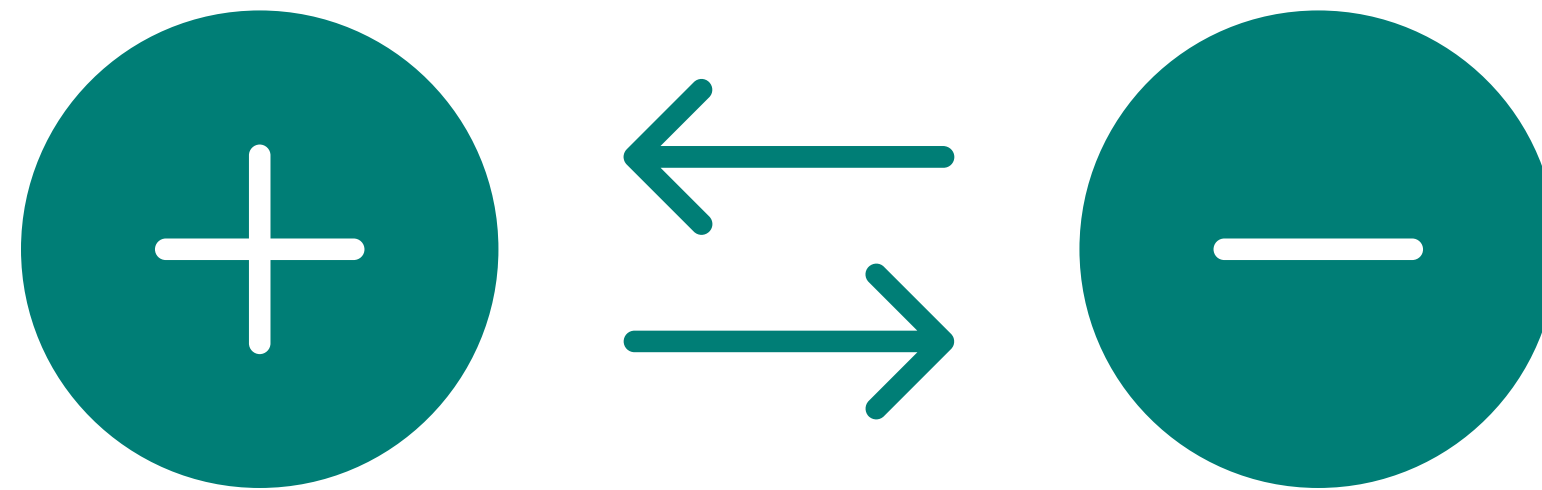
Are adaptations always better?



Baker et al., 2010. Tailored interventions to overcome identified barriers to change: effects on professional practice and health care outcomes. Cochrane



Adaptations can positively or negatively affect outcomes



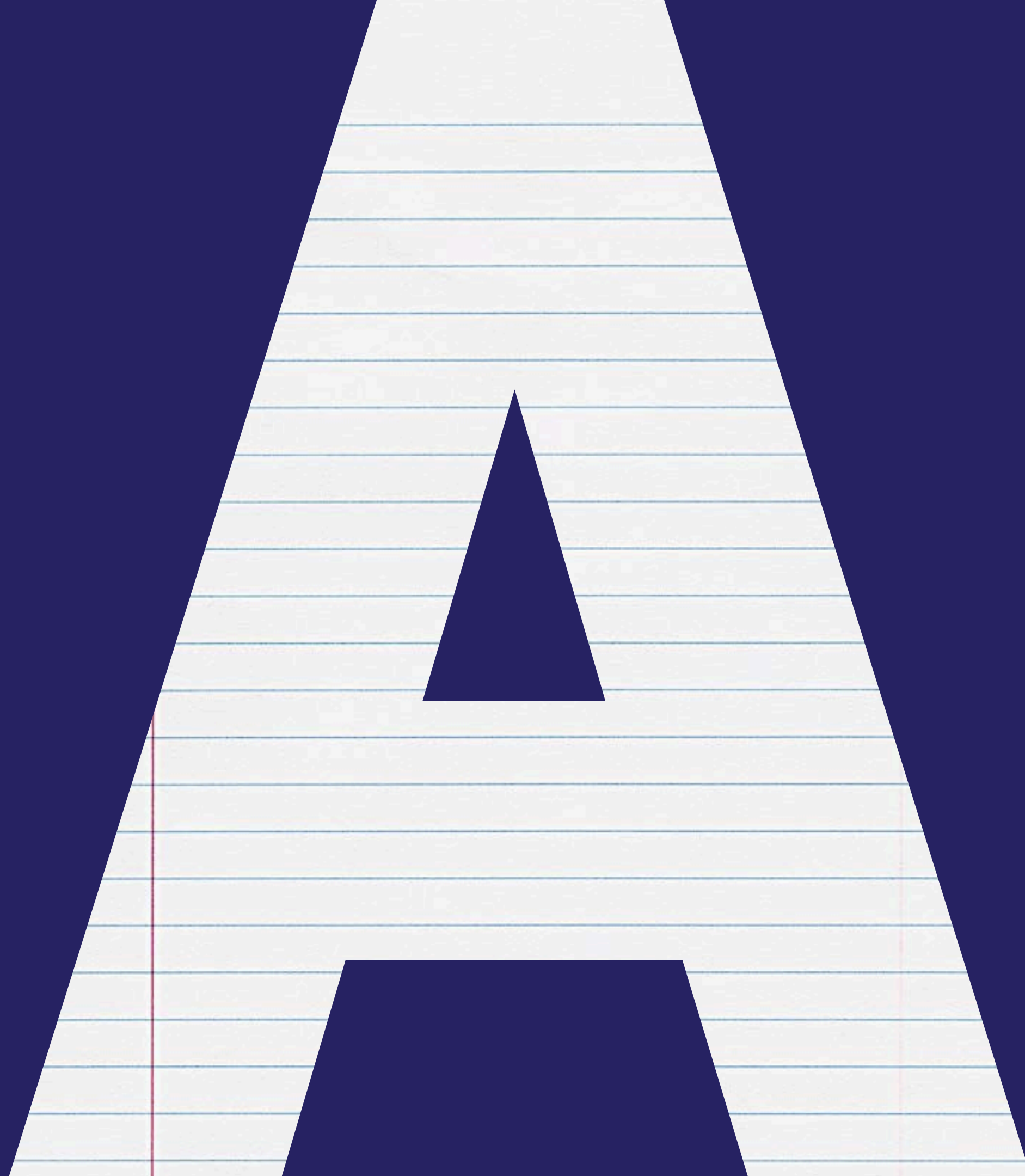


PART 1: WHY ADAPT?



**What potential impact will
your adaptation have?**

**Activity:
Thoughts about
adaptations**



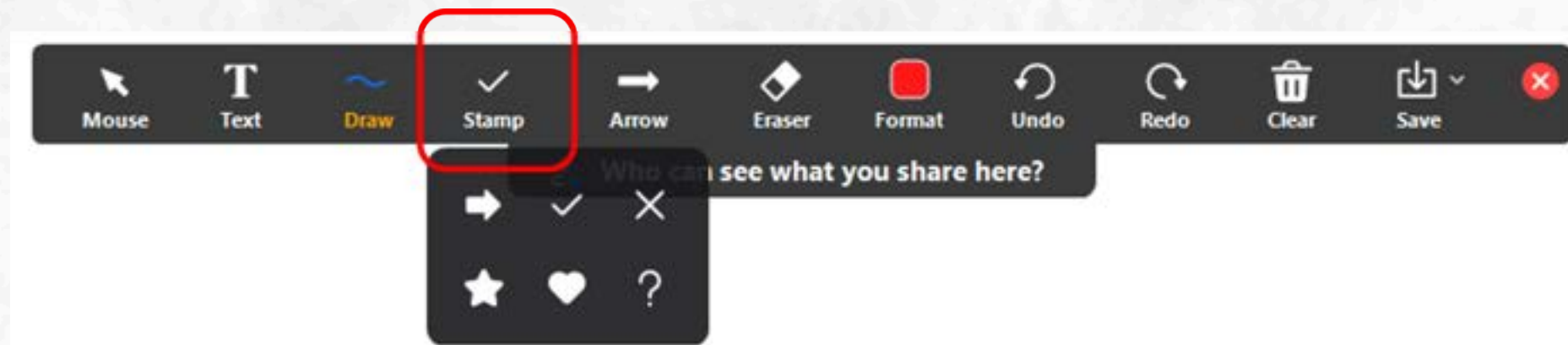


Zoom annotation

1

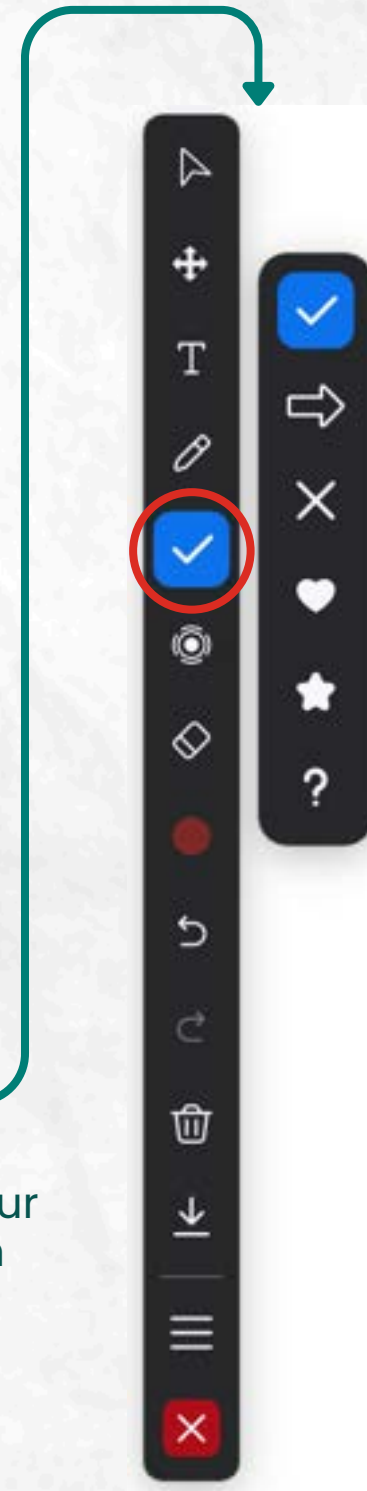


2



OR

Depending on your version of Zoom





ACTIVITY 1

When you think of adaptations what comes up for you?

Map2Adapt process and tool

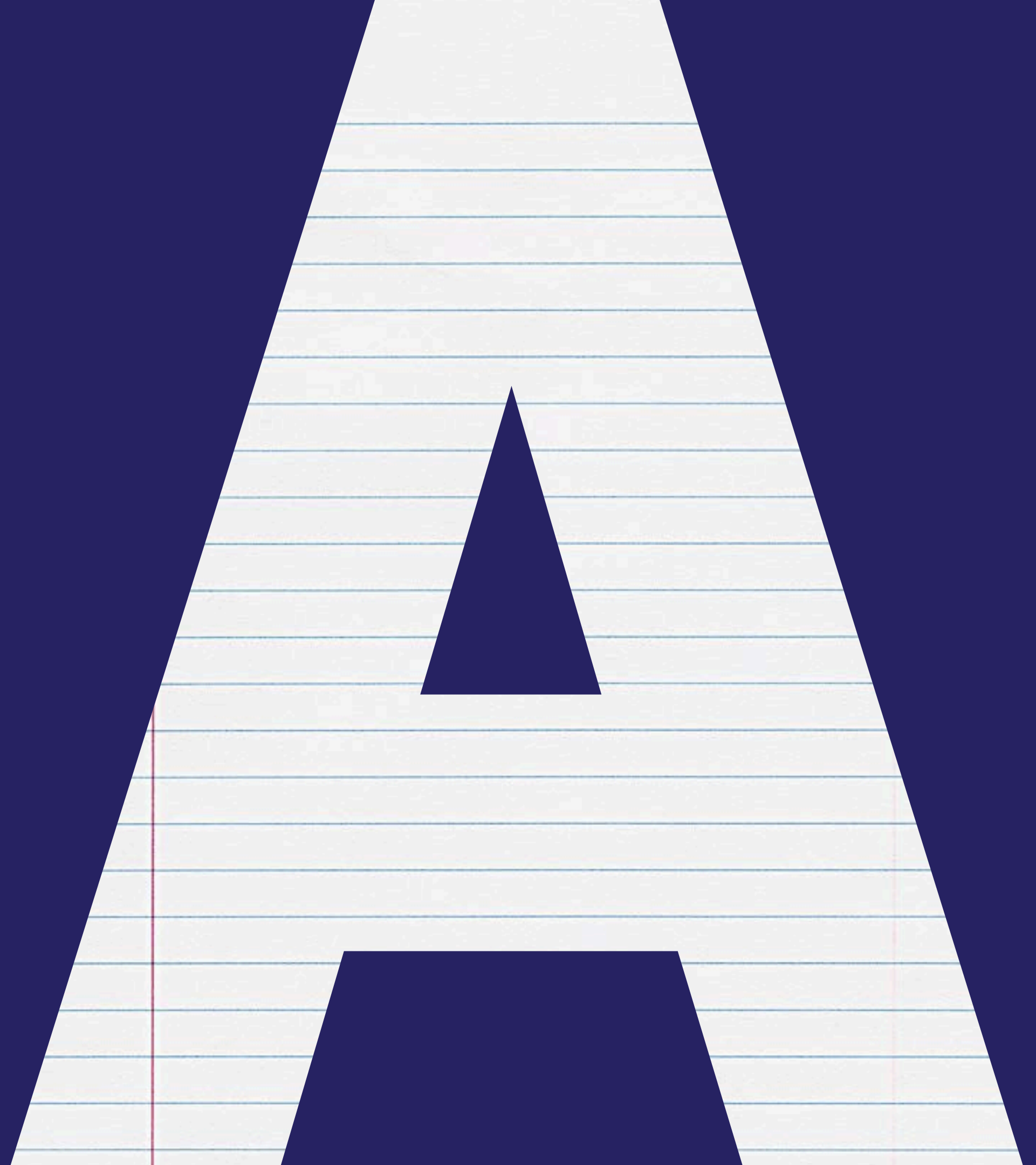




Map2Adapt Process



Activity:
Assess fit





ACTIVITY 2

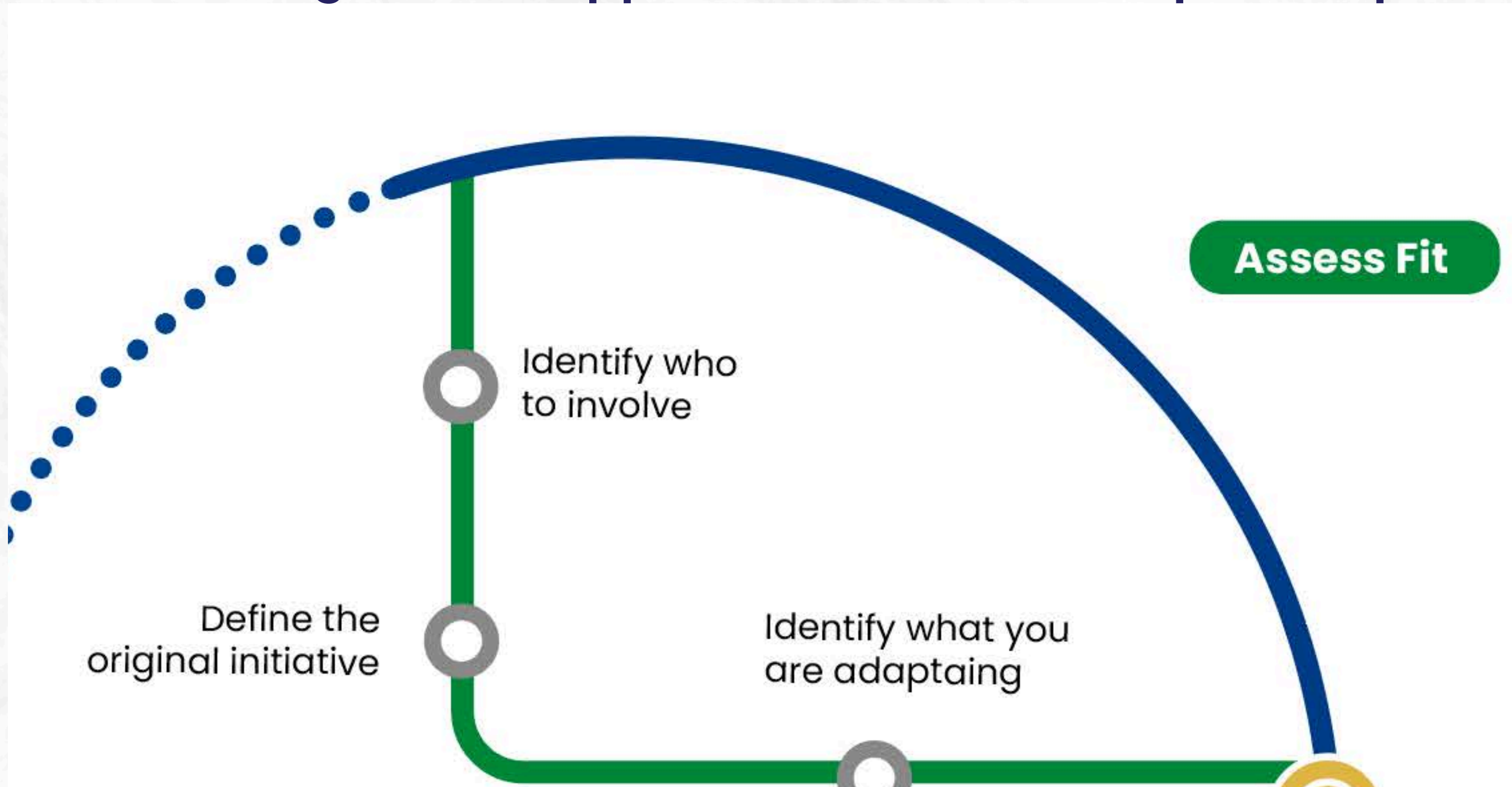


Strengths



Opportunities

What are the strengths and opportunities in the adaptation process?



Activity: Map2Adapt process

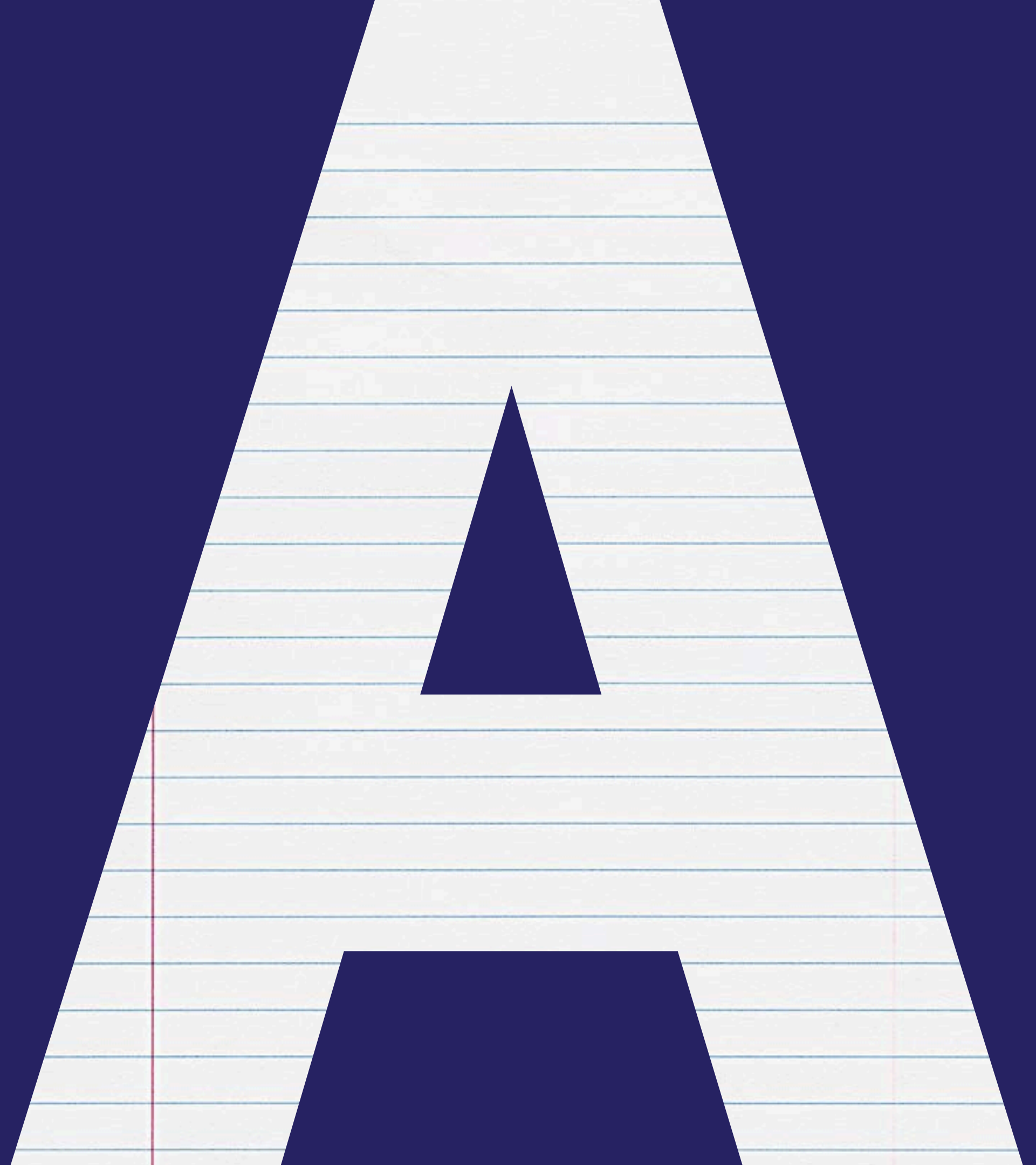




ACTIVITY 3

What reflections and questions do you have related to adaptations?

Activity: Tool feedback





Tool feedback

What you liked?

What could be improved?

Q&A

UNMUTE YOURSELF OR TYPE
YOUR QUESTIONS IN THE CHAT!



NEXT STEPS: CONTINUE LEARNING

Implementing Change Community

The all-in-one online community platform for changemakers.



Newsletter

Join 9,000+ people interested in implementation science. You'll get access to our monthly *Implementation in Action* bulletin, updates about our upcoming events, and free resources!

Inspiring Change 2.0

This free mini-course introduces you to implementation science in under 2 hours and how it can help you create change more effectively.

Toolbox

Our Toolbox contain resources from our *Implementation in Action* bulletins, like frameworks, tools, and tips to support you through different stages of implementation. You'll also find other resources like videos, podcasts, and presentations.

